



# Shobhit University

EDUCATION EMPOWERS

Accredited by NAAC

## BACHELOR OF ARTS PSYCHOLOGY HONORS

Center for

Psychology and Human Behaviour



EMPOWERING  
NATION  
THROUGH  
EDUCATION

Information Brochure

# BA (HONORS) PSYCHOLOGY

## Three-Year (Six Semesters) Program Course Structure

### SEMESTER-WISE ALLOCATION

SEMESTER	CORE COURSE (14)	ABILITY ENHANCEMENT COMPULSORY COURSE (AECC) (2)	ABILITY ENHANCEMENT ELECTIVE COURSE (AECC) (2) (SKILL BASED)	ELECTIVE DISCIPLINE SPECIFIC DSE (4)	ELECTIVE GENERIC (GE) (4)
I	C-PSY-01 Introduction to Psychology (Theory+ Practical)	Environmental Science			GE-1
	C-PSY-02 Statistical Methods for Psychological Research-I (Theory+ Tutorial)				
II	C-PSY-03 Biopsychology (Theory+ Tutorial)	English Communication			GE-2
	C-PSY-04 Psychology of Individual Differences (Theory+ Practical)				
III	C-PSY-05 Development of Psychological Thought (Theory+ Tutorial)		AECC-1		GE-3
	C-PSY-06 Psychological Research (Theory+ Practical)				
	C-PSY-07 Social Psychology (Theory+ Tutorial)				
IV	C-PSY-08 Understanding Psychological Disorders (Theory+ Tutorial)		AECC-2		GE-4
	C-PSY-09 Statistical Methods for Psychological Research-II (Theory+ Tutorial)				
	C-PSY-10 Applied Social Psychology (Theory+ Practical)				
V	C-PSY-11 Understanding and Dealing with Psychological Disorders (Theory+ Practical)			DSE-1	
	C-PSY-12 Developmental Psychology (Theory+ Practical)			DSE-2	
VI	C-PSY-13 Organizational Behavior (Theory+ Practical)			DSE-3	
	C-PSY-14 Counseling Psychology (Theory+ Practical)			DSE-4	

#### ELECTIVE:

#### DISCIPLINE SPECIFIC DSE

(2 in Sem V and 2 in Sem VI):

DSE-PSY-01: Positive Psychology  
(Theory+ Practical)

DSE-PSY-02: Human Resource  
Management (Theory+ Practical)

DSE-PSY-03: Health Psychology  
(Theory+ Practical)

DSE-PSY-04: Community Psychology  
(Theory+ Practical)

DSE-PSY-05: Cultural and Indigenous  
Psychology (Theory+ Practical)

DSE-PSY-06: Project/Dissertation  
(6th semester)

#### ELECTIVE: GENERIC (GE)

(1 each in Sem 1, 2, 3 and 4):

GE-PSY-01: General Psychology  
(Theory+ Tutorial)

GE-PSY-02: Youth, Gender and Identity  
(Theory+ Tutorial)

GE-PSY-03: Psychology for Health and  
Well-being (Theory+ Tutorial)

GE-PSY-04: Psychology at Work  
(Theory+ Tutorial)

GE-PSY-05: Psychology and Media  
(Theory+ Tutorial)

GE-PSY-06: Inter-group Relations  
(Theory+ Tutorial)

#### ABILITY ENHANCEMENT ELECTIVE COURSE (AECC) (SKILL BASED)

(1 in Sem III and 1 in Sem IV):

AECC-PSY-01: Emotional Intelligence  
(Theory+ Workshops)

AECC-PSY-02: Stress Management  
(Theory+ Workshops)

AECC-PSY-03: Effective Decision  
Making (Theory+ Workshops)

AECC-PSY-04: Educational Psychology  
(Theory+ Workshops)

# BA (HONORS) PSYCHOLOGY

## Three-Year (Six Semesters) Program Course Structure

### Why should students study Psychology?

The B.A. (Hons) course in Psychology aims at developing an understanding of the growing discipline of psychology and promoting skill based education. An important goal of this course is to facilitate self-discovery in the students and ensure their enthusiastic and effective participation in responding to the needs and challenges of the contemporary world. The course intends to enable students in developing skills and competencies needed for meeting the challenges and needs of the real world effectively. Hence this syllabus is created keeping in mind the changing nature of the society, educational institutions and the workplace and inculcate the required skills in the students to understand and respond to the same efficiently and effectively.

### Pedagogy for teaching the B.A. (Hons) Course in Psychology?

The teaching-learning of the course would be organized through lectures, tutorials, practicals, projects, presentations, workshops, seminars, experiential exercises, and hands on training. Students would be encouraged to develop an understanding of real life issues and participate in the programs and practices in the social context. Practicum is incorporated as an important component in many papers with hands on training in the use of various research methods such as laboratory experiments, field experiments, observation, psychological testing, survey, interview and case study. Use of ICT and mass media and web based sources (like documentaries, videos, films etc.) is highly recommended to make the teaching-learning process interactive, interesting and fruitful.

### Eligibility:

Admission to BA Honors Program is open to a student who passed; Intermediate/ Higher Secondary (10 + 2) from any approved Board.

ADMISSION PROCEDURE: Academic Merit in qualifying examination.



# SHOBHIT UNIVERSITY

## Center for Psychology and Human Behaviour

The Centre for Psychology and Human Behaviour has been established to promote and strengthen teaching and research activity in Psychology and behavioural sciences. The Centre offers an academic program leading to the Bachelor of Arts Honours in Psychology.

Students interested in an education that emphasizes an understanding of human behavior should consider a major in psychology. Psychology as a major can lead to a broad range of career possibilities. An education that focuses on behavior principles is valuable for anyone whose future involves interacting with others.

Psychologists pursue careers in such areas as clinical services, health services, business, industry, testing, education, and behavioral research. There are plenty of career opportunities for students with a bachelor's degree in psychology, particularly in the areas of social work, healthcare, business, and human resources. Career opportunities in some specializations may require a master's degree, while career opportunities in others require a doctorate. Therefore, students should take time to examine their own interests, values, and goals in addition to job requirements and career options in their area of interest before embarking on an educational journey in psychology.



### PROGRAM DIRECTOR

Dr. Poonam Devdutt, Director, School of Business Studies, Shobhit University Meerut is M.Phil. and Ph.D. in Psychology. She has more than 32 years of teaching cum research experience. She has written a number of professional research papers and has supervised 16 research projects. She is well established as professional psychologist in the teaching, research and consultancy system of the country.

### Other Programs offered by School of Business Studies

Ph.D. | M.Phil. | MBA | MBA (Weekend Mode) | BBA | M.Com. | B.Com. (Honors) | BA (Honors) Business Economics

### SCHOLARSHIPS

Some Scholarships are available for meritorious students. All girl candidates, wards of defense personnel, candidates from the North Eastern states and alumni joining any course shall be provided a Scholarship equal to 20% of the fee.

Admission Application Forms are available online on the University website. Complete Application Form shall be submitted along with non refundable Admission Processing Charges of Rs.1100/- only. For more details please visit: [www.shobhituniversity.ac.in](http://www.shobhituniversity.ac.in)



### Center for Psychology and Human Behaviour

### SHOBHIT UNIVERSITY, MEERUT

(Established u/s 3 of UGC Act 1956)

NH-58, Modipuram, Meerut NCR Delhi

Admission Helpline: 8791000756 / 57 / 58

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