

Proposed
SCHEME OF TEACHING
&
SYLLABUS
For
BACHELOR OF ARTS (HONORS)
PSYCHOLOGY
(Four Year Eight Semester Program)
(w.e.f. Academic Session 2024 – 2028)



B.A(H) PSYCHOLOGY
Centre for psychology and Human Behaviour
SHOBHIT UNIVERSITY,
NH-58, MODIPURAM - MEERUT (U.P.) – 250110
Website: www.shobhituniversity.ac.in

B.A. (Hons.) Psychology

The **B.A. (Hons.) Psychology** programme is designed to provide students with a comprehensive understanding of the expanding discipline of psychology while promoting a **skill-based and competency-driven education**. The course seeks to nurture self-awareness and self-discovery among students, fostering their active and meaningful participation in addressing contemporary social challenges.

A major focus of this programme is to **equip students with the necessary skills, knowledge, and professional competencies** required to navigate and respond effectively to the dynamic demands of society, educational institutions, and workplaces. The curriculum has been thoughtfully structured in alignment with the **Choice Based Credit System (CBCS)** to provide academic flexibility and to integrate theoretical knowledge with practical experience.

The syllabus emphasizes both academic excellence and personal growth by developing students' understanding of the **current trends, research advancements, and applied areas in psychology**. It encourages reflective learning, critical thinking, and scientific inquiry through exposure to various branches and applications of psychology.

Pedagogical for teaching the B.A.(H) Course in Psychology

The **teaching-learning methodology** adopted for this programme is holistic and learner-centric, combining both theoretical and practical components. Instructional strategies include:

- **Lectures, tutorials, and discussions** to provide conceptual clarity and academic grounding.
- **Experiential exercises, projects, and case studies** to link theory with practice.
- **Workshops, seminars, and presentations** to enhance communication and professional skills.
- **Hands-on training and practicum** integrated into most courses, focusing on research methods such as laboratory and field experiments, observation, testing, surveys, interviews, and case studies.
- **Use of ICT tools and mass media resources** (such as documentaries, films, and online materials) to create an engaging, interactive, and technology-supported learning environment.

This multi-dimensional pedagogy aims to **promote scientific temper, ethical understanding, and social responsibility** among students, enabling them to become competent professionals and responsible citizens capable of contributing meaningfully to the field of psychology and society at large.

, biological, developmental, social, and applied psychology, along with Indian and Western

Programme Outcomes (POs) and Programme Specific Outcome (PSOs) B.A. (Hons.) Psychology (2024–2028)

PO1: Comprehensive Understanding of Psychology

Develop a broad and integrative understanding of major domains of psychology, including cognitive perspectives of human behavior.

PO2: Scientific Inquiry and Research Competence

Demonstrate the ability to apply scientific methods in psychological research—formulating hypotheses, designing experiments, analyzing data statistically, and interpreting results ethically and objectively.

PO3: Application of Psychology in Real-Life Contexts

Apply psychological knowledge and skills in diverse professional and social settings such as education, mental health, organizations, counselling, media, and community development.

PO4: Critical Thinking and Problem Solving

Cultivate analytical and reflective thinking to identify behavioral problems, evaluate multiple perspectives, and design effective, evidence-based interventions for individuals and groups.

PO5: Ethical and Professional Values

Exhibit integrity, empathy, and ethical responsibility in research, counselling, and practice, adhering to professional codes of conduct and promoting human welfare and dignity.

PO6: Communication and Interpersonal Skills

Demonstrate effective communication—verbal, non-verbal, and written—along with teamwork, leadership, and interpersonal competence necessary for professional success.

PO7: Emotional and Social Intelligence

Enhance self-awareness, emotional regulation, resilience, and empathy to promote mental well-being, healthy relationships, and personal growth in professional and social contexts.

PO8: Societal and Cultural Sensitivity

Understand and appreciate the diversity of human behavior within social, cultural, and environmental frameworks, and contribute toward inclusion, equity, and social justice.

PO9: Professional Readiness and Lifelong Learning

Equip graduates with the theoretical and practical skills needed for employability in fields such as counselling, HR, education, research, and clinical practice, while fostering a commitment to lifelong learning and continuous self-improvement.

PO10: Integration of Indian Psychological Thought

Recognize and apply insights from Indian psychological traditions—such as Yoga, Vedanta, and mindfulness—to contemporary psychological theory and practice for holistic well-being.

PSO1: Comprehensive Understanding of Psychology

Gain a deep understanding of fundamental psychological concepts, principles, and theories across various branches such as cognitive, developmental, social, biological, and applied psychology.

PSO2: Research and Analytical Skills

Develop proficiency in designing, conducting, and analyzing psychological research using qualitative and quantitative methods, applying statistical tools and ethical standards throughout the research process.

PSO3: Psychological Assessment and Testing

Acquire skills to administer, score, and interpret psychological tests and psychometric tools to assess personality, intelligence, aptitude, and other behavioral traits ethically and accurately.

PSO4: Application of Psychology in Real-Life Settings

Apply psychological theories and practices to address personal, educational, organizational, and social issues, promoting mental health and human welfare.

PSO5: Ethical, Social, and Cultural Sensitivity

Demonstrate ethical responsibility, empathy, and respect for individual and cultural differences while applying psychological knowledge in professional and community contexts.

PSO6: Emotional and Personal Development

Enhance self-awareness, emotional intelligence, and interpersonal skills to strengthen personal growth, leadership, and resilience in both personal and professional life.

PSO7: Integration of Indian and Global Perspectives

Synthesize Indian psychological thought and indigenous concepts—such as Yoga, mindfulness, and well-being—with global psychological theories to develop a holistic understanding of human behavior.

PSO8: Employability and Lifelong Learning

Equip students with the professional, digital, and communication skills needed for careers in counselling, education, research, HR, and allied fields, while fostering a mindset of continuous learning and development.

BNOURS (Three Year Course) SYLLABUS w.e.f. Academic Session 2024-28

Shobhit Institute of Engineering & Technology, MEERUT
(NAAC Accredited Grade A Deemed -to -be University) Meerut UP)

BA (H) Psychology Teaching Scheme 2024-2028**B.A.(H) Psychology- 4 years (1st Semester)**

Sr No	Course Code	Course Title	Course Type	Credit Units			Total Credits
				L	T	P	
1	BC1BAPY0160	Emotional Intelligence	Ability Enhancement Course (AEC)	3	0	4	5
2	BC1BAPY0101	Introduction to Psychology	Core Courses	3	0	4	5
3	BC1BAPY0102	Biopsychology	Core Courses	4	0	0	4
4	B01BAPY0151	Effective English Communication	Skill enhancement courses (SEC)	3	0	0	3
5	T04MSEV0141	Environmental Studies	Value added course (VAC)	3	0	0	3
		Total Credits		20			